



OUR CHURCH MISSION : To glorify God by *being* and *making* R.E.A.L. disciples of Christ Jesus

## Marriage

A wedding is a one-day event, while marriage is a life-long journey. Most couples spend a lot of money, time and effort in making their big day a great one. Finally, the day comes and goes so quickly, and what remains are only the beautiful memories.

Marriage is for a lifetime and therefore it requires hard work. In order for marriage to really work, God must be in the center of a marriage. Couples must recognise that God is the one who instituted marriage, and in that union, they are to love each other unconditionally, just as Christ loves the church. God who calls them for this holy vocation of matrimony provides them the grace to be channels of his love and life to each other, in word and deed. He is present with them in this covenantal relationship. Therefore, whatever problems the couple face in their marriage, they will be able to overcome them all if only they realise God's presence and power in their marriage. In this way, married people can love and cherish each other by the grace God gives them to sustain their marriage.

Some practical ways to love each other include showing appreciation to one another daily. "Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken" (Ecclesiastes 4:9-12). Man and woman are to encourage each other in the marriage. To treat each other as best friends helps a lot. My husband and I are best friends. We have been married for 25 years and we are still best friends. We share our joys and sorrows together. We tease each other, and having a great sense of

humour enables us to laugh loudly and at the same time not to take matters too seriously so that we don't bear grudges against each other. Setting priorities and giving importance to our spouse's needs also helps to strengthen the marriage as a "me-first" mentality gives way to an "others first" attitude. When the spouse can learn to love selflessly like how Christ loves the church, we can take the marriage to a higher level.

Another essential ingredient to a happy marriage is forgiveness. When two imperfect people enter into marriage, they must recognise that they are redeemed by God's grace. Jesus invites them to forgive each other by listening to, comforting, encouraging, and appreciating each other. In a life-long marital covenant, there needs to be commitment. The apostle Paul made it clear that "those who marry will have worldly troubles" (1 Corinthians 7:28). Rough patches in marriages are reminders that the journey together is not going to be easy. There are winding roads and some rocks and pebbles along the path. Couples in long-term marriages adopt a mindset of lifetime commitment where divorce is never an option.

Finally, marital union as one flesh helps us to think about our single union with Christ.

"So ought men to love their wives as their own bodies. He that loves his wife loves himself. For no man ever hated his own flesh; but nourishes and cherishes it, even as the Lord the church. For we are members of his body, of his flesh, and of his bones. For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they shall be one flesh. This is a great mystery but I speak concerning Christ and the church" (Ephesians 5- 28-32).

There is a closer union in this holy marriage than there can be in any other. Man and woman become one flesh in marriage. Christ and the believer make one spirit in the spiritual union. He who is joined to the Lord is one spirit with him (1 Corinthians 6:17). Now as the soul is more excellent than the body and admits of far greater joy, so this spiritual union brings in more astonishing delights and ravishments than any marriage relationship is capable of. The joy that flows from the mystic union is unspeakable and full of glory (1 Peter 1:8).

God's perfect design for marriage calls for it to be permanent and unbreakable. In this beautiful union of one man and one woman in a covenant before God and man, they are to enjoy this unity until death do they part.

*Dns Malar Thomas*

*(Editorial Writers: 02 Sep – Eld Peter Seah; 09 Sep – Dn Richard Yew)*

## **PRAYER ITEMS**

*“For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, because we are members of his body.”*

*Ephesians 5: 29-30*

### **CHURCH**

**Hermon Children and Youth Ministry (HCYM)** – Pray for our children and youth that the Lord will be their source of strength, comfort and help always. May the Lord help them make choices that reflect their knowledge of Him and may they have a high view of God and a reverent fear of Him. Ask the Lord to reveal Himself to those who are struggling with their faith.

**CG Ministry** – We thank God for the sermons over the past 2 weeks that have helped us to understand the primacy of small group ministry. May we desire to play our part in building CGs that enable us to know Christ better and to love Him deeper. May the Lord guide Dn Luwin Wong and all CG Leaders as they move the ministry in this direction.

**Pulpit Ministry** – Pray that the Lord will continue to empower all our preachers with insights to His truths and the ability to communicate them in a clear and relevant manner. Pray that we will come with prepared hearts and minds to listen to God’s Word being preached each Sunday and after hearing it, to spend time meditating on it and applying it to our lives.

### **WORLD**

**Lombok, Indonesia** – The earthquake has destroyed infrastructure and rendered many homeless. Children have been traumatised and many have had to spend their Hari Raya amidst the rubble. Pray that aid will reach those affected in time and that those trapped beneath the ruins will be rescued.

**Kerala Floods** – Torrential rain that began on 08 Aug killed many people, destroyed tens of thousands of homes, and washed away roads and bridges, leading to an estimated loss of at least \$2.85 billion. May God give the authorities wisdom as they focus on relief and rehabilitation efforts.

### **PASTORAL CONCERNS**

**Praying for the unwell** – Continue to commit to the Lord members and loved ones who are unwell. Pray for God’s healing hands and grace to be upon them.

**Birthdays** – We rejoice with our members whose birthdays fall this week (26 Aug-01 Sep): Lawrence Lim, Josie Oh-Tan, Christina Lee-Teo, Rebecca Li, Tan Jiayi, Germaine Ong-Sze and Israel Chan.

*26 Aug Angela Choo/02 Sep Jenny Leng*



**Next Prayer Meeting Wed (12 Sep), 8.00pm @ Peter room**

**Prayer leader:** Dn James Quek **Focus:** Men’s Fellowship



Mount Hermon warmly welcomes you!

A warm **WELCOME** to all who are here this morning. If this is your first time with us, please fill in a Visitor's Card and drop it into the offering bag during the Offertory. We invite you for fellowship after Service at the Visitors' Table on the ground floor. We specially invite the CCKBC Kindergarten children, parents, teachers to Hope Courtyard for lunch.

**VISITORS' CORNER.** We are glad to have had Jose Onate worshipping with us last Sunday.

## ANNOUNCEMENTS

**CATECHISM/MEMBERSHIP CLASS (1.30pm, room #02-03A).** *Today's lesson:* Our Salvation – Part 2 and WCF 11-18 by Eld Choo Yoo Keong.  
*Next lesson (09 Sep):* Part 3 and WCF 27-29 by Dn Luwin Wong.

**HIM – MARRIAGE FORUM (Today, 1.00pm-2.00pm, Peter room).** Eld Dr Tan Kim Ping and Swee Sin are hosting this marriage forum. Open to all. *"Everyone is welcome to join the Marriage Forum after worship service today. Please proceed to Peter room at Level 4, next door to Hermon's Church Office. The Forum will be from 1.00pm-2.00pm and will discuss practical ways to enrich our marriages. You are also encouraged to ask relevant questions."*

**YM (Sat 01 Sep, 7.30pm-9.30pm, Moriah Sanctuary).** Topic: In His Image - Living in a Body. If we're made in the image of God, why do we struggle with body image? Is my body even important to God? Isn't my soul more important? Find out more from Marianne Wong, Mt Carmel Staff on 01 Sep! Invite your friends.

**2018 CHRISTIANITY EXPLORED (CE) Course.** CE is a 7-week journey to introduce Jesus using the "Gospel of Mark". You're invited to this exciting journey to explore Christianity and to seek the Living God. You'd be encouraged to ask questions like: "Who is Jesus?", "Why did HE come?", "What is involved in following HIM?". Open to seekers, Christians who desire a closer walk with God. Date: 7 Sundays from 02 Sep to 14 Oct, 1.00pm-3.30pm. Registration ends today. – *Dn James Quek*

**MID-AUTUMN FESTIVAL (Sat 22 Sep, 6pm-9.30pm, CCKBC)** – A joint event organised by Mt Gerizim and Mt Hermon. Do invite your Chinese speaking parents, relatives and friends. A separate children's programme in Chinese/English will run concurrently. If you are coming for dinner at 6 pm, please register with Wai Lan for catering purposes.

## ANNOUNCEMENTS

**LADIES FELLOWSHIP (Sat 08 Sep, 2pm-5pm, Paul/Timothy/Titus rooms).** Speaker: Ms Grace Lim. Topic: Blessed to be a Blessing. All are welcome. Registration ends today.

**CHILDREN'S DAY CELEBRATION (Sat 29 Sep, 1.30pm-4.00pm).** We are celebrating with a Watermelon Party and is opened to children from 4 to 11 years old. Registration fees: \$5 per child. Register today.

**MISSIONS MONTH.** We have invited some organisations to share in September during the worship services: 02 Sep – Prison Fellowship Singapore, 09 Sep – Singapore Youth for Christ (video after Service), 16 Sep – Mt Hermon (program after fellowship lunch), 26 Sep – WEC International (Singapore). Come and learn more about missions!

**STAFF MOVEMENTS.** 1) Dns Lai Kin is at the GB Officers' Retreat 01-02 Sep and on leave 05-18 Sep. 2) Ps Daniel is preaching at Mt Horeb BPC on 02 Sep. 3) Gillian is on leave on 28 Aug (pm). 4) Siew Kee & Peggy are on leave 03-04 Sep. 5) Wai Lan is on leave 03 Sep.

**CHURCH WARDEN ON LEAVE** till 31 Aug.

<b>PULPIT 2018 – SEPTEMBER</b>	
Church Theme 2018: "Building & Blessing Our Communities" Time: 11.00am–12.30pm	
Ps Daniel Tan – 02 Sep (1 Peter 4:1-6)	
Mr Lim Chien Chong – 09 Sep ( <i>Missions</i> ) (Acts 8:26-40)	
Dn Luwin Wong – 16 Sep ( <i>HC</i> ) (1 Peter 4:7-11)	
Ps Daniel Tan – 23 Sep (1 Peter 4:12-19)	
Dn Simon Toh – 30 Sep (1 Peter 5:1-4)	

**ETCASIA COURSE** – The Garden, the Cross and the Crown (Thurs 13, 20, 27 Sep, 7.00pm-9.00pm). Overview of the Bible in 11 readings. Helpful personally and in mentoring and discipling new Christians. Approach Kok Eng for more details or register at [tinyurl.com/etca-ec7](http://tinyurl.com/etca-ec7).

<b>MEETINGS</b>			
Today	Vocal Team Practice	8.45am–9.30am	Paul #04-14
	Worship Practice	8.45am–10.30am	Ebenezer Chapel
	CE mtg	1.00pm–3.00pm	Room #02-03B
	Marriage Forum	1.00pm–2.00pm	Peter #04-02
	Young Adults Gathering	1.00pm–2.15pm	Samuel/Gideon
02 Sep	CG Leaders Equipping	1.45pm–3.45pm	Peter #04-02
09 Sep	DSG Practice	1.30pm–3.00pm	Gideon/Samuel
16 Sep			Jerusalem Sanctuary

<b>COVENANT GROUP MEETINGS</b>		
<b>CG &amp; Leader</b>	<b>Date</b>	<b>Venue / Occasion</b>
<b>Agape</b> Lester Cheng	08 Sep, Sat, 7.30pm	Pang Wee & Christina's home
<b>CCK Open Care</b>	30 Aug, Thu, 7.30pm	Samuel/Gideon rooms #04-07/08
<b>de Vine</b> Tan Swee Sin	14 Sep, Fri, 9.00am	Eld & Mrs Tan Kim Ping's home
<b>El Shaddai</b> Sally Chan	08 Sep, Sat, 10.00am	Peter room #04-02
<b>Immanuel</b> Karen Sim	08 Sep, Sat, 10.00am	Samuel room #04-08
<b>Jehovah Jireh</b> Dns Malar Thomas	15 Sep, Sat, 7.30pm	Dean & Ramona Martin's home
<b>Klema</b> Eld Ho Hian Chye	07 Sep, Fri, 8.00pm	Moriah Sanctuary
<b>Koinonia</b> Dn Simon Toh	07 Sep, Fri, 8.00pm	Joseph room #01-07
<b>Living Water</b> Daniel Woon	15 Sep, Sat, 7.00pm	Peter room #04-02
<b>Morning Glory</b> Jeanette Ler-Lee	31 Aug, Fri, 9.00am	Peter room #04-02
<b>Oxley</b> Lee Yew Mun	07 Sep, Fri, 8.00pm	Noah room #01-08
<b>Paideia</b> Gene Tan	08 Sep, Sat, 7.30pm	Love Fellowship Hall
<b>Young Adults</b> Dn Luwin Wong	07 Sep, Fri, 7.30pm	Peter room #04-02

<b>YOUTH &amp; CHILDREN</b>			
<b>YOUTH BIBLE CLASS</b> Time: 11.30am–1.00pm	<b>ROOM</b>	<b>26 AUGUST</b>	<b>02 SEPTEMBER</b>
Senior Youths (Post Sec)	Gideon/ Samuel (#04-07/08)	<u>Teaching Leader:</u> Jiahn <u>Group Leaders:</u> Post Sec Girls – Priscilla Post Sec Boys – Jiahn	<u>Teaching Leader:</u> Jiahn <u>Group Leaders:</u> Post Sec Girls – Priscilla Post Sec Boys – Jiahn
Junior Youths (P6–S4)	Peter (#04-02)	<b>Q&amp;A sessions</b>	<u>Teaching Leader:</u> John <u>Group Leaders:</u> P6-Sec 2 Girls – Mei Yee P6-Sec 2 Boys A – Mark P6-Sec 2 Boys B – Dominic S3-S4 Girls – Naomi S3-S4 Boys – Samuel Ang
<b>CHILDREN BIBLE CLASS</b> Time: 11.30am–12.30pm	<b>ROOM</b>	<b>26 AUGUST</b>	<b>02 SEPTEMBER</b>
Faithfulness (P3-P5)	Nehemiah (#02-04)	Ng Zhe Hui	Dns Malar Thomas
Goodness (P1-P2)	Abraham (#01-04)	Pauline Fong	Choong Kai Xin
Peace (3's–K2)	Jacob (#01-06)	<b>Preschoolers @ Moriah Sanctuary from 11.00 am</b>	Celestine Liow/Lydia Li

Please issue cheques to **Mount Hermon BP Church** (for General Fund),

**Mount Hermon BP Church – Development Fund** (for Development Fund).

*Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. For the ministry of this service is not only supplying the needs of the saints but is also overflowing in many thanksgivings to God. (2 Corinthians 9:7, 12)*

## GOD'S MESSAGE

**Date:** 26 August 2018  
**Speaker:** Eld Dr Tan Kim Ping  
**Sermon Title:** It's Marriage: Bliss or Blitz Part 2  
**Scripture Text:** 1 Peter 3:1-7; Ephesians 5:22-33

1. The Goal of Marriage

- H
- H
- H

2. The Domains of Marital Unity

- P
- p
- p

3. Husbands' Role – Reprise and Test

4. Wives s\_\_\_\_\_ to y\_\_\_\_\_ o\_\_\_\_\_

h\_\_\_\_\_

5. How do wives show RESPECT to their husbands: C-H-A-I-R-S (Dn Simon Toh)

Questions for discussion at Marriage Forum

1. What is a gentle and quiet spirit and how does one cultivate it?
2. What does oneness in marriage look like at different stages in a marriage?
3. How can a couple measure success in their marriage?

## Pastoral / Ministry Staff

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## Board of Elders

Eld Peter Seah (Moderator)  
Rev Daniel Tan  
Eld Elgin Chan

## Advisory Pastor

Rev (Dr) David Wong

## Session

Dn Mike Fong  
Dn Lee Pak Choon  
Dns Justina Ng  
Dn David Oh  
Dn James Quek  
Dn Sim Chow Meng  
Dns Tang Lai Kin  
Dns Malar G. Thomas  
Dn Simon Toh  
Dn Sandor Wang  
Dn Luwin Wong  
Dn Richard Yew

## Administrator

Ms See Siew Kee  
97477726/O-Extn 18  
siewkee@hermon.org.sg

## Sunday Service

11.00am

## Children & Youth

### Bible Class

11.30am-12.30pm

### Prayer Meeting

Every 2<sup>nd</sup> & 4<sup>th</sup> Wed

8.00pm-9.30pm

10 Choa Chu Kang St 52  
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# Order of Worship

26 August, 2018, 11.00 am

Church Theme 2018: "Building & Blessing Our Communities"

## Welcome & Announcement

**Call to Worship** 2 Peter 1:3-11

**Opening Hymn** This Kingdom

## Opening Prayer

**Worship in Songs** Higher Ground  
The Perfect Wisdom of our God  
A Common Love

## Offertory/Doxology

## Pastoral Prayer

*YOUTHS & CHILDREN LEAVE FOR THEIR BIBLE CLASSES*

**Scripture Text** 1 Peter 3:1-7; Ephesians 5:22-33

**Message** It's Marriage: Bliss or Blitz Part 2

**Kindergarten  
Presentation** Praise Him All Ye Little Children  
Rise & Shine

我欢喜因我属主耶稣  
在我心里有一首诗

King of Kings and Lord of Lords  
Praise Him Medley

## Benediction/Three-Fold Amen

**Speaker:** Eld Dr Tan Kim Ping **Worship Leader:** Lenith Cheng **Pianist:** Rebecca Li **Vocalists:** Josie Oh (ic), Dawn Tan, Chua Keng Chay and David Chong **Scripture Reader:** Mark Chia **Announcer:** Lee Kok Eng **Pastoral Prayer/Benediction:** Ps Daniel Tan **PA:** Daniel Woon, Edward Lim and Benson Fong **Projectionists:** Benjamin Chua and Steven Chua **Stewards:** Nelson Chong & Team B **Thanksgiving Flowers:** Edward Lee **Floral ic:** Jennifer Seah **Chrysalis:** Lee Han Khun & team **Refreshment/Lunch for Kdgn:** El Shaddai CG & Chrysalis Team

## NEXT SUNDAY'S SERVICE (02 Sep)

**Sermon text:** 1 Peter 4:1-6 **Speaker:** Ps Daniel Tan **Worship Leader:** Eric Chan **Pianist:** Lenith Cheng **Vocalists:** Sharon Thomas (ic), Inez Tan, Elsa Tan, Bernice Oh, Trina Oh and Shirlynn Yew **Scripture Reader:** Anant Tyagi **Announcer:** Zebedee Lee **Pastoral Prayer/Benediction:** Eld Choo Yoo Keong **PA:** Samuel Chan, Joseph Ho and Joel Mak **Projectionists:** Chew Kian Chong and Bornson Wong **Stewards:** Shaji Thomas & Team A **Thanksgiving Flowers:** Church **Floral ic:** Liddy Bay **Chrysalis:** Lee Han Khun & team **Refreshment:** El Shaddai CG